

MediMAR Mood, Symptoms and Medication Overview

14 July 2026 - 27 July 2026 - 14 days

FICTIONAL SAMPLE DATA - NOT A REAL PERSON OR CLINICAL RECORD

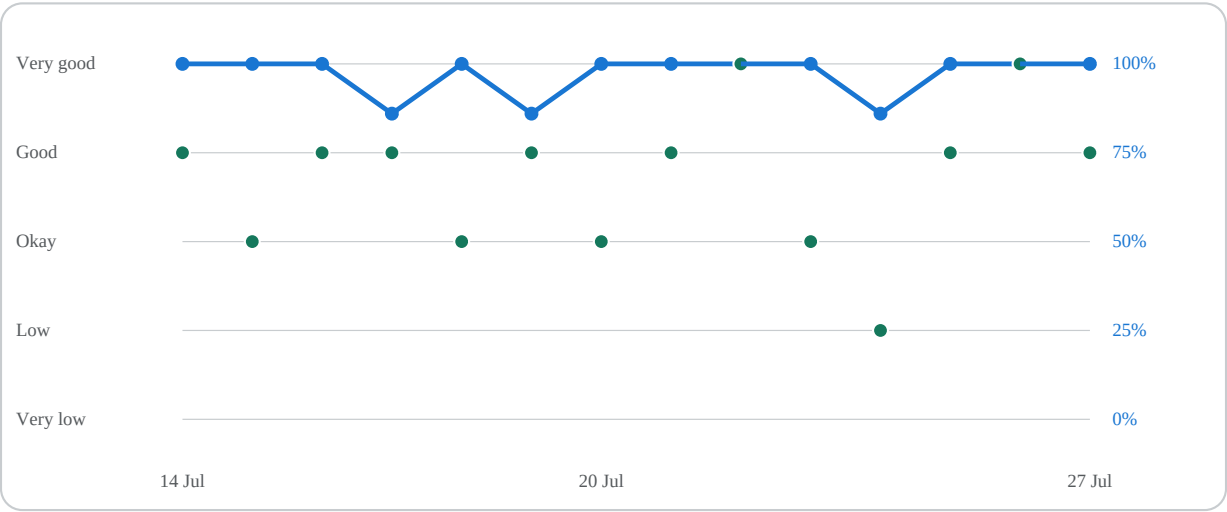
14/14
Mood days

97%
Compliance

5
PRN administrations

95/98
Compliant doses

Mood and compliance



Green points: mood (left axis). Blue line: daily medication compliance (right axis). Mood and symptom check-ins were recorded on all 14 days.

Compliance means a required scheduled dose was taken within 30 minutes of its prescribed time, unless the user selected a one-off later reminder after MediMAR identified a previous late dose. The original late dose remains non-compliant. With Standard sensitivity, this later-time option appears when the delay has consumed at least 25% of the prescribed gap to the next same-day dose. MediMAR does not move the regimen; the user decides when to administer. PRN and not-required doses are excluded.

Medication regimen

Medication	Recorded dose	Schedule	Compliance
Ramipril 5mg capsules	1 capsule	08:00	Scheduled
Metformin 500mg tablets	1 tablet	08:00, 14:00 and 20:00	Scheduled
Amlodipine 5mg tablets	1 tablet	08:00	Scheduled
Atorvastatin 20mg tablets	1 tablet	20:00	Scheduled
Omeprazole 20mg gastro-resistant capsules	1 capsule	08:00	Scheduled
Paracetamol 500mg tablets	2 tablets when required	PRN	Excluded
Cetirizine 10mg tablets	1 tablet when required	PRN	Excluded

Daily compliance

Date	Compliance	Assessment
14 Jul 2026	100%	7/7 compliant
15 Jul 2026	100%	7/7 compliant
16 Jul 2026	100%	7/7 compliant
17 Jul 2026	86%	6/7 compliant - 14:00 metformin taken three hours late; user selected a later reminder after a timing notification
18 Jul 2026	100%	7/7 compliant
19 Jul 2026	86%	6/7 compliant - atorvastatin taken 65 minutes late
20 Jul 2026	100%	7/7 compliant
21 Jul 2026	100%	7/7 compliant
22 Jul 2026	100%	7/7 compliant
23 Jul 2026	100%	7/7 compliant
24 Jul 2026	86%	6/7 compliant - evening metformin dose missed
25 Jul 2026	100%	7/7 compliant
26 Jul 2026	100%	7/7 compliant
27 Jul 2026	100%	7/7 compliant

Exceptions and user-selected later reminder

Date and dose	Medication	Traceable assessment
17 Jul - 14:00 trigger dose	Metformin 500mg tablets	Scheduled 14:00; taken at 17:00. It was three hours late and counted non-compliant.
17 Jul - 20:00 next dose	Metformin 500mg tablets	The 14:00 dose was taken three hours late, consuming 50% of the prescribed six-hour gap to the next dose. MediMAR notified the user about the previous late dose. The user chose a reminder at 23:00 to preserve that gap. Taken at 23:12 and counted compliant under the user-selected later-time exception.
19 Jul - 20:00	Atorvastatin 20mg tablets	Taken at 21:05. It was 65 minutes late and counted non-compliant.
24 Jul - 20:00	Metformin 500mg tablets	No administration was recorded before the due period passed. Counted as missed and non-compliant.

Recorded PRN administrations

Date and time	Medication	Dose	Recorded reason
15 Jul at 14:25	Paracetamol 500mg tablets	2 tablets (1,000mg)	Headache
18 Jul at 17:40	Paracetamol 500mg tablets	2 tablets (1,000mg)	Knee pain
20 Jul at 09:30	Cetirizine 10mg tablets	1 tablet (10mg)	Hay-fever symptoms
24 Jul at 16:20	Paracetamol 500mg tablets	2 tablets (1,000mg)	Lower-back pain
25 Jul at 10:15	Cetirizine 10mg tablets	1 tablet (10mg)	Hay-fever symptoms

These are administrations already recorded by the fictional user. They are reported separately and do not alter scheduled-dose compliance.

Mood check-ins

Date	Mood	Recorded feelings
14 Jul 2026	Good	Calm
15 Jul 2026	Okay	Tired
16 Jul 2026	Good	Content
17 Jul 2026	Good	Calm
18 Jul 2026	Okay	Tired
19 Jul 2026	Good	Hopeful
20 Jul 2026	Okay	Irritable, tired
21 Jul 2026	Good	Calm
22 Jul 2026	Very good	Happy, energetic
23 Jul 2026	Okay	Tired
24 Jul 2026	Low	Worried, tired
25 Jul 2026	Good	Content
26 Jul 2026	Very good	Happy, energetic
27 Jul 2026	Good	Calm, hopeful

Mood overview

Mood was recorded on every day in the sample. Entries were generally Good or Okay, with a Low entry on 24 July. The chart places mood and medication compliance on the same dates for review, but does not infer that one caused the other.

Recorded feeling words are the fictional user's own descriptions. They are not a diagnostic mental-health assessment.

Summary

The fictional record contains 98 required scheduled administrations. Ninety-five were compliant, two were more than 30 minutes late and one was missed, giving overall compliance of 97%. The 14:00 metformin dose on 17 July was taken at 17:00 and was non-compliant. Because the 20:00 dose was then only three hours away, MediMAR displayed a safety notification about the previous late dose. The user chose to wait until 23:00, then recorded the administration at 23:12. It was counted compliant under the user-selected later-time exception.

Five PRN administrations were recorded separately. Paracetamol records were linked retrospectively to headache or pain entries, and cetirizine records were linked retrospectively to hay-fever symptom entries.

Daily symptoms and recorded actions

Date and time	Recorded symptom or check-in	Action already taken	Outcome
14 Jul 2026 at 18:00	No symptoms noted during the daily check-in.	No action taken	Not applicable
15 Jul 2026 at 14:00	Moderate headache.	Linked PRN: Paracetamol 1,000mg recorded at 14:25	Better
16 Jul 2026 at 13:30	Mild indigestion after lunch.	Sat upright and rested	Better
17 Jul 2026 at 09:15	Brief light-headed feeling when standing.	No action taken	Not recorded
18 Jul 2026 at 17:10	Knee pain after a longer walk.	Linked PRN: Paracetamol 1,000mg recorded at 17:40	Better
19 Jul 2026 at 16:40	Felt more tired than usual during the afternoon.	Rested for the evening	No change
20 Jul 2026 at 09:05	Itchy, watery eyes and sneezing; recorded as hay-fever symptoms.	Linked PRN: Cetirizine 10mg recorded at 09:30	Better
21 Jul 2026 at 18:20	Mild headache that settled later.	No action taken	Better
22 Jul 2026 at 18:00	No symptoms noted during the daily check-in.	No action taken	Not applicable
23 Jul 2026 at 18:40	Afternoon tiredness.	No action taken	Not recorded
24 Jul 2026 at 15:50	Lower-back pain after gardening.	Linked PRN: Paracetamol 1,000mg recorded at 16:20	No change
25 Jul 2026 at 09:45	Sneezing and a runny nose; recorded as hay-fever symptoms.	Linked PRN: Cetirizine 10mg recorded at 10:15	Better
26 Jul 2026 at 18:00	No symptoms noted during the daily check-in.	No action taken	Not applicable
27 Jul 2026 at 11:30	Mild dry throat.	Drank water	Better

Important

This is fictional sample data created solely to demonstrate MediMAR reporting. The report records actions that had already occurred; it does not recommend an intervention or suggest taking a medication. It does not diagnose a condition, interpret symptoms, prove that medication was swallowed, or show that medication caused an outcome or change in mood.